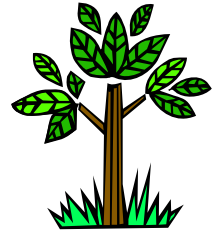


Meeker County

Community Resource Directory



2009



Sponsored by Project Harmony

Preface

The purpose of this directory is to assist agencies and individuals throughout Meeker County in locating appropriate resources and to increase awareness of agencies and services that are available in the immediate area. No endorsement of service or quality is being implied or promoted. We have tried to identify organizations or agencies that may be of use to Meeker County area residents. Please contact amy.brustuen@co.meeker.mn.us if we have excluded an agency so that we can include them in the next update. In an effort to conserve resources, we have attempted to list each contact only once, instead of in each category applicable. If you do not find the resource you are searching for, please look to another area of the directory.

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ALCOHOL, TOBACCO AND OTHER DRUGS

QUITPLAN (Smoking Cessation) 888-354-plan Quitplan.com

CARE, Willmar, MN. 320-231-5330/800-657-3893

Chemical dependency treatment for men and women age 18 and older. Residential, narcotic residential, MI/CD, halfway house, family, continuing recovery, aftercare and relapse.

Divine Hope Counseling, Willmar 320-231-9763

Womens outpatient chemical dependency, also has elderly specific program

Hutchinson Area Health Care - 320-234-4610

Chemical dependency evaluations, Outpatient chemical dependency treatment.

Meeker County Social Services 320-693-5300

Rule 25 chemical dependency evaluations. Free of cost for income eligible recipients.

New Beginnings of Litchfield

114 North Holcombe Avenue, Suite 140

320-693-2461

Chemical Dependency Evaluations, Residential and outpatient, half way house, aftercare, relapse.

New Beginnings of Waverly

1-800-487-8758

763-658-5800

Project Harmony Contact Ann Jensen 320-693-5370

Home visiting program for chemically- dependent pregnant women and women parenting children between the ages of 0-5 years. Visits are made to help women live alcohol and drug-free lives by offering emotional and parenting support, connecting women and their families to community programs, and offering alternatives in their lives to using chemicals.

Project Turnabout Willmar, Granite Falls 320-564-4911

Compulsive Gambling treatment, inpatient and outpatient chemical dependency treatment

Recovery Resources of Winsted 320-485-2323

Chemical dependency evaluations, chemical dependency education, outpatient chemical dependency treatment.

St. Cloud Hospital - Recovery Plus Chemical Dependency Services

320-255-5612 320-229-3760

1-800-742-HELP (4357)

Chemical dependency evaluations, education, outpatient, inpatient treatment, half-way house. Specific programming for adolescent, adult, senior, mentally ill, and mothers with children.

Wings, Litchfield.

593-0440

Inpatient adolescent chemical dependency treatment ages 13-18. Chemical abuse education.

*For information on Alcoholics Anonymous, Al-Anon/Alateen, or other alcohol/drug related support groups, please see **SUPPORT GROUPS** section of this directory.

*For a complete listing of providers, visit <http://dasis3.samhsa.gov/>

EDUCATION (child and adult)/CHILD CARE/ /PARENTING

Boys Town 1-800-448-3000

24 hours crisis resource and referral line to help teen, parents, and families

Every Family Matters www.everyfamilymatters.org 612-341-1650

Helping families solve problems, education, violence, truancy, etc.

Meeker County Social Services 320-693-5300

Publishes contact information of licensed family daycares in Meeker County. Offers **Love and Logic** parenting course to Meeker County residents.

Parents Anonymous

909-621-6184

Parents give and receive support from each other

Resources for Fathers 763-783-4938

www.resourcesforfathers.org

Programs designed to create and enhance the role of fathers in full parenthood and partnership in parenting their children. Anger groups, parent education classes, family law seminars, support groups, relationship classes, information and referral. Clearing house on fathering resources. Fees based on ability to pay (also serves women).

District 465 Community Education, Litchfield 320-693-2354

Services offered include: Adult Basic Education (ESL, GED), Adult Lifelong Learning, Adult Recreation, Youth Enrichment, Youth Recreation, Litchfield Community Theater, Early Childhood Family Education, School Readiness, Youth Development, and Preschool Screening.

Community Education Offices (For Surrounding Districts)

Atwater/Cosmos/Grove City 320-857-2900

Dassel-Cokato 320-286-4120

Eden Valley-Watkins 320-453-2925

Meeker County Extension Office

114 North Holcombe Avenue, Suite 260

Litchfield, MN 55355

Provides educational opportunities in a variety of areas – including agriculture, home economics, youth development, and community resource development – through classes, workshops, seminars, tours, and mass media. For more information call 320-693-5275.

Daycare/preschool

Childcare Resource and Referral 235-0850 or 1-800-992-1710

Crackerjack Nursery School 320-693-3397

1000 South Sibley Avenue Litchfield, MN

Any child between the ages of three and five years is eligible.

Hand in Hand 320-693-2436

Ripley Elementary School 100 W Pleasure Drive Litchfield, MN

For information on registering your child for Hand in Hand, contact Wendy Walz at Community Education at 320-593-0072

Heartland Community Action Agency-Headstart 320-877-7244 1-800-992-1710

101 Vesta Street South P.O. Box 36

Cosmos, MN 56228



Heartland Community Action Agency offers a preschool program for three and four year olds whose families meet eligibility guidelines.

Latchkey Kids & Kids of the Kingdom 320-693-7806

520 N Gilman Ave/Litchfield, MN 55355

*After school program part of services offered.

Stay 'N Play Child Care Center 320-593-7858

405 South Geinitz Avenue Litchfield, MN

Play and Learn Preschool 320286-4120 www.dc.k12.mn.us/ecfe/index.html

485 Reardon Ave SW/Cokato

Registration is in the spring for following fall.

DISABILITY SERVICES

Blind and Visually Handicapped Services

3333 W. Division Street, Suite 121

St. Cloud, MN 56301-3783

320-255-4800

1-800-366-5420

Division of Rehabilitation Services

Willmar, MN 56201-9423

320-231-5175

1-800-366-7876

Vocational Rehabilitation is for people with disabilities who need help to get ready for work or find or keep a job. Services offered include: counseling, training, finding a job, and keeping a job, assistive technology.

PACER

952-838-9000

www.pacer.org PACER Center is a parent training and information center for families of children and youth with all disabilities from birth through 21 years old. Located in Minneapolis, it serves families across the nation, as well as those in Minnesota. Parents can find publications, workshops, and other resources to help make decisions about education, vocational training, employment, and other services for their children with disabilities.

Meeker and Wright Special Education Cooperative (MAWSECO)

Mawseco.k12.mn.us

320-286-2129

FAX: 320-286-2596

MAWSECO serves developmentally delayed children, birth to 21 years of age, who are in need of special educational services. There is no fee. Services provided include: screening, assessment and programming for disabled children. Serves all children who need special education service

Minnesota Children With Special Health Needs (MNCSHN)

Minnesota Department of Health

651-215-8956 1-800-728-5420

Applicants may include: Any child who has or is suspected of having a handicapping condition and is under the age of 21 years; any adult who has cystic fibrosis or hemophilia and is over the age of 21 years.

Eligibility requirements for diagnostic services include: under 21 years of age, have a handicapping or possibly handicapping condition, complete an application for services, and receive pre-authorization by MNCSHN except in medical emergencies.

Eligibility requirements for treatment services include: a medically eligible condition, completion of an annual application for services, meeting financial eligibility requirements as determined by review of family's financial resources; received pre-authorization by MNCSHN before treatment is provided.

Deaf and Hard of Hearing Services

320-255-3502 - voice

320-255-3590 - TTY

1-800-456-3690

FAX: 320-654-5157

Services include: information about services available to the community, assistance in dealing with agencies, book and video loans, vocational rehabilitation services, information about hearing impairments.

Information and assistance to parents, friends or relatives of deaf or hard of hearing persons that includes support and technical assistance to interpreters/signers.

Services for agencies include: staff training or assistance in dealing with clients who are deaf or hard of hearing, information and assistance in making programs accessible to persons who are deaf or hard of hearing, book and video loans, information about agencies that specialize in serving persons who are deaf or hard of hearing.

The agency also has an equipment distribution program. Persons, who qualify, according to income, may obtain free telephone equipment.

Southwest SW/WC Service Cooperative

320-231-5184

Serves handicapped children from birth to age 21 in the EVW and ACGC districts. Services provided include: school psychology; speech coordination; pre-school coordination; special learning disabilities coordination; educable mentally handicapped and trainable mentally handicapped supervision and coordination; occupational therapy; work experience; school social work; supervision of educational program at Adolescent Treatment Center.

ProWorks, Litchfield 320-593-6257

ProWorks of Meeker County serves those who are at least 18 years of age with a developmental disability and/or a related condition. ProWorks provides a community-based training and rehabilitation program which provides an environment conducive to the development and/or maintenance of each person's maximum capabilities.

West Central Industries

1300 22nd St. S.W., P.O. Box 813

Willmar, MN 56201

320-235-5310

Hutchinson

320-234-7515

Services offered include: school transition, vocational evaluation, work adjustment training, supported employment, facility-based employment, specialized employment, job placement, job coaching, and consultation services. Eligible persons include: anyone who is at least 14 years of age, has written verification of disability to employment, has a manageable medical condition, has self-care skills, has sufficient behavior control, has potential to benefit from services.

DOMESTIC VIOLENCE

Day 1 Project

1-866-223-1111

Battered women can call this number and will be able to find a shelter closest to them no matter where they are.

National Domestic Violence Hotline 1-800-799-7233

For hearing Impaired 1-800-787-3224

Anna Marie's, St. Cloud 320-253-6900 320-251-7203 800-950-2203

Services offered include: shelter for battered women and their children, walk-in advocacy, legal advocacy, outreach advocacy, transitional housing for battered women and their children. Services are open to anyone. They serve a nine county area in Central Minnesota.

Homes of Hope, Inc., Litchfield 320-693-5400

Homes of Hope will serve victims of domestic abuse and/or violence in Meeker County and surrounding areas by providing immediate, temporary, safe housing at no cost. Meals are provided. Transportation can be provided to the shelter and assisting agencies.

Meeker County Crime Victim Services (including domestic violence)

Coordinator: 320-693-5223 After hours emergency 320-693-5400

Meeker County Social Service Department including: Meeker County Child Protection

114 N. Holcombe Avenue, Suite 180 , Litchfield

320-693-5300 877-915-5300 After hours emergency 320-693-5400

Shelter House, Willmar 320-235-0962 1-800-792-4210

Services offered include: Emergency safe housing for battered women and their children, information and referrals; legal, medical, welfare advocacy; accompaniment and transportation; weekly support groups. Women who have experienced domestic violence, emotional abuse, sexual violence or on behalf of their children who have experienced these problems, are eligible for services. No fees are charged to women served. 24-hour telephone and staffing. Bilingual/bicultural services available.

EMERGENCY SERVICES

All Emergency Services - 911

American Red Cross-Meeker Co Unit

326 N Ramsey
Litchfield, MN 55355
320-693-5420
FAX: 320-693-5407

St Cloud Chapter

1-800-560-7641
320-251-7641(24 hour number)

Services include: bloodmobile, helping families during and after disasters.

Gold Cross Ambulance Service

320-251-7247

1-800-342-7849

Services offered include: advanced life support ambulance service, Community Education on safety, and first aid.

Litchfield Ambulance (Non-emergency)

320-693-9396

Litchfield Rescue Squad (Non-Emergency)

320-693-2222

Litchfield Police/Sherriff Department (non emergency) 320-693-5400

326 North Ramsey Avenue
Litchfield, MN 55355

Meeker County Crime Tip Line

320-693-5411

Lifeline

For information contact:

Augustana Homes
600 South Davis
Litchfield, MN 55355

Project Lifesaver bracelet tracking system
for vulnerable individuals at risk for wandering
Jon at Meeker Co. Sherrif's dept -693-1785

320-693-2472

Lifeline consists of a small portable personal help button. It is connected to your telephone line providing effective response on a 24-hour basis.

Medic Alert 1-800-432-5378

2323 Colorado Avenue/Turlock, CA 95380

Medic Alert provides medical identification services. They provide a 24-hour hotline with computerized medical facts and records of their clients.

Meeker County Emergency Management - Civil Defense

326 North Sibley Avenue

Litchfield, MN 55355

320-693-5401 or 5420

FAX: 320-693-4664

Meeker County Emergency Management provides 24-hour emergency services such as rescue squad trucks and equipment. Other services provided include: Red Cross first aid classes, severe weather instructors and classes, severe weather spotters, and stand-by medical help for football and hockey games and other community activities.

Meeker Memorial Hospital

612 South Sibley Avenue

Litchfield, MN 55355

320-693-3242

Other NON-Emergency Numbers

| | | |
|---------|-------------|--------------|
| Police: | Cosmos | 320-877-7636 |
| | Dassel | 320-275-2827 |
| | Eden Valley | 320-453-5452 |
| | Litchfield | 320-693-5425 |
| | Watkins | 320-764-6792 |

Road Condition Information

St. Cloud area 320-255-4265

Statewide 1-800-542-0220

The Salvation Army, Willmar

320-235-2033

521 SW 4th Street P.O. Box 734

Services offered are: emergency disaster assistance, heatshare, emergency housing, meals, pastoral counseling, no-cost funerals and weddings, youth character building program, Christmas food baskets/toy shop, and missing persons bureau.

EMPLOYMENT

Experience Works/Green Thumb, Litchfield 320-693-5275

Willmar office: 320-222-2100

Services include: employment and training for older workers. Individuals who are 55 and older, who qualify by meeting income guidelines, are eligible for services.

Minnesota Workforce Center (Job Service/Rehab Services) 320-693-2859

114 North Holcombe Avenue, Suite 170 Litchfield, MN 55355

Services include: Job Service, un-employment insurance, resume assistance, dislocated worker services, MFIP program, Job Clubs, and on-the-job training. Anyone is eligible for services. Some programs have minimal guideline requirements.

Willmar Workforce Center, Willmar 320-231-5174 FAX: 320-231-6054

2200 23rd St NE

MET motivation education and training for Ag workers. Job Service and unemployment. On-the-Job training. Support services for people seeking training.

Rehabilitation Services Hutchinson, 320-587-5070 Willmar 320-231-5175

May offer education and job counseling and placement services to those with disabling conditions

ENVIRONMENTAL HEALTH

Household Hazardous Waste

Meeker County has a contract with Kandiyohi County to use their facility. There is no charge to Meeker County residents. There is an annual collection date generally 9-12 on 3rd Sat in September at the Meeker Co fairgrounds. Contact Cori Sherman at 320-693-5202 with questions.

Kandiyohi Facility: 320-231-3587

1400 22 St SW, Willmar

Lead

MN Department of Health

Lead Program

651-215-0888

Pesticides

EPA Hazardous Waste Hotline 1-800-424-9346

CropLife America 1-888-295-1585

Disposal of Hazardous Pesticides 1-800-657-3864 or
Meeker County Extension at 693-5275

Chemicals Referral Center 1-800-262-8200

Poisoning

For emergency poison information

24 hours per day:

Greater Minnesota: 1-800-222-1222

Radon Helpline

1-800-55-RADON (557-2366)

Radon Test Kits

Meeker County Public Health

320-693-5370

Septic Systems/Sewers

Meeker County Planning and Zoning Office

114 North Holcombe Avenue

Litchfield, MN 55355

320-693-5290

Mold

Meeker County Public Health

320-693-5370

or

Minnesota Department of Health

1-800-798-9050

Well Water/Drinking Water

MN Valley Testing Laboratories, Inc

1126 N Front St

New Ulm, MN 56073

1-800-782-3557 507-354-8517

Dairyland Laboratories, Inc.

919 Lincoln Avenue

Sauk Rapids, MN 56379-1217

320-240-1737

Well Water/Drinking Water Testing Kits

Meeker County Public Health

320-693-5370

Minnesota State Agencies:

Minnesota Department of Health

St Paul MN 55101

Well Management: 1-800-383-9808

or 651-215-0811

Health Risk Management:

Minnesota Pollution Control Agency
1420 E College Drive Suite 900
Marshall, MN 56258
507-537-7146 (main line)

Family Planning, Pregnancy, AIDS/STD Information and Referral Numbers

AIDS Treatment Info Service
1-800-448-0440

CDC National HIV and AIDS Hotline
1-800-CDC-INFO

CDC National AIDS, STD, viral Hepatitis, Tuberculosis Clearinghouse
1-800-458-5231

Minnesota AIDS Hotline
1-800-248-AIDS

STI Resource Center
ashastd.org
1-800-227-8922 919-361-8488

Minnesota Department of Health
www.health.state.mn.us
651-215-5800

MN Family Planning and Sexually Transmitted Diseases
1-800-FACTS (800-783-2287)

National Spanish AIDS Hotline
1-800-344-7432

National HIV Treatment Hot Line
1-800-822-7422

AIDS - Confidential counseling and testing

Willmar
Planned Parenthood
2320 E Hwy 12
320-235-9150

Minneapolis
Red Door Clinic
Hen. Cnty Community Health Dept
525 Portland Ave S
612-348-6363

St. Paul
Westside Community
153 Concord St
651-222-1816

St. Paul
Room 111 Clinic
St. Paul Div. of Public Health
555 Cedar Street
651-266-1352

For a complete listing of Publicly Funded HIV Testing sites, go to the Minnesota Department of Health Website at www.health.state.mn.us

FAMILY PLANNING/PREGNANCY EDUCATION

Hope Pregnancy Center

325 SW 4th Street
Willmar, MN 56201
320-235-7619

*Call or Walk-ins welcome
* Emergency housing(based on availability)
1-888-235-7619

An emergency pregnancy center offering free pregnancy testing, teen pregnancy classes, early limited OB ultrasounds, will provide verification of pregnancy (used to obtain medical assistance) one to one lay counseling, STD and AIDS information, and referral services. Services are free of charge to anyone. Also offer baby items and referrals to other agencies.

Birthline, Inc
St. Cloud 320-253-4848 & 252-4150

Childbirth Education, Litchfield
Meeker County Hosp.693-3242

Hope Pregnancy Center
Willmar 235-7619

*Free Pregnancy Testing
*Hours: 11 to 5 p.m.
*Call or walk-ins welcome

Meeker Co. Public Health, Family Planning Services

320-693-5370
114 N Holcombe Ave, Litchfield

*Family Planning Services
*Free Pregnancy Testing320-231-2704

Minnesota Department of Health
Family Planning & STD Hotline
1-800-78-FACTS (783-2287)

Planned Parenthood
Willmar
320-235-9150

FINANCIAL SERVICES

Friends and Families First Tyson 320-693-2671, Leanne 693-3408

Meets 2nd and 4th Thurs of mo. 6-8 at United Methodist Church, 1000 S Sibley Ave, Litchfield

Helps build relationships to enhance the lives of families and address the factors that contribute to financial and personal wellbeing. Childcare provided.

Free lunches through area churches:Zion Lutheran/Litchfield 5:30 last Sunday of mo; St. Phillips/Litch 5:30 1st Monday of the mo;Episcopal Church/Litch last Friday 11:30;Trinity/Grove City 5:30 2nd Wed

Gas Affordability Program (GAP) /Power On www.energycents.org

Assistance in paying heat bills. Assistance in paying power bills.

Heartland Community Action Agency 320-693-7911 (235-0850 or 1-800-992-1710 – Willmar Office)
223 North Sibley Avenue Litchfield, MN 55355

Home improvement grants and loans, fuel assistance, winterizing assistance to low-income individuals and family. Threads of Hope Thrift Shop, Food support outreach, Housing counseling, SSI/SSDI assistance, Crisis assistance. Also a food shelf in Dassel 1 day week.

Habitat for Humanity of West Central Minnesota 320-231-2704 877-926-6434

P.O. Box 1171, Willmar, MN 56201

Services offered include: Home purchase assistance, & simple housing for persons in need.

Health Insurance Counseling Meeker Memorial Hospital 320-693-3242

Lutheran Social Services 320-235-5411 888-577-2227

333 Litchfield Avenue SW
Willmar, MN 56201

Budget counseling

Medical Assistance (MA) 320-693-5300 FAX: 320-693-5344

Meeker County Social Services/114 North Holcombe Avenue, Suite 180/Litchfield, MN 55355
Social Services provides information regarding guidelines for food stamps, Minnesota Supplemental Assistance, medical assistance and assistance to pay for home care or nursing home care. Assistance filling out paperwork offered by appointment through Zion Lutheran

www.minnestahelp.info assistance locating benefits, veterans benefits, links to community services, prescription drug assistance, housing lists, and more.

Partnership for Prescription Assistance 888-4ppanow (888-477-2669) www.pparx.org
Discount medications.

Prescription Discounts 1-877-321-2652 www.caremark.com/naco
Up to 20% discount on prescriptions for residents of Meeker County

Senior Linkage Line 800-333-2433
Assistance in locating services and in enrolling in medicare D

Social Security Administration 320-253-4490 www.socialsecurity.gov
1-800-772-1213 (General Social Security Number-Not the St. Cloud Office)
St. Cloud District Office
720 West St. Germain /St. Cloud, MN 56301
Services offered include: Social Security Retirement survivors, disability benefits, Medicare, Supplementary Security Aged, blind and disabled benefits, Social Security numbers.

Telephone Assistance Plan/Link up
Discount on service connection and monthly fees for phone service. Contact your phone company for an application.

U.S. Department of Veterans Affairs (VA) www.va.gov 612-725-1968 1-800-827-1000
One Federal Drive/Federal Building/Fort Snelling/St. Paul, MN 55111

Veterans Administration 320-693-5445.
Provides assistance in determining eligibility for Veterans' benefits.

HEALTH CARE

See organizations/community support groups for health related support groups

Handicapped Parking Stickers

For application contact Meeker County License Bureau, Courthouse, Litchfield, MN 55355. For more information call 320-693-5346. Application fee is \$5.00 and can be mailed to Minnesota Department of Public Safety in St. Paul. Persons may pay directly at Courthouse instead of mailing.

HEALTH CARE EQUIPMENT AND SUPPLIES

American Cancer Society 1-800-481-3316 320-235-7237 FAX: 320-235-0796
American Cancer Society offers: equipment programs, gifts (wigs, lap robes, breast prostheses, caps), "Look Good, Feel Better" program, "Road to Recovery" program, cancer support groups and free literature.

APRIA Healthcare 320-251-5991 1-800-252-5991 FAX: 320-252-0380
1501 Northway Drive, St. Cloud, MN 56303
APRIA is a supplier of comprehensive home care equipment. Services provided include: respiratory care services, equipment and supplies, Resp meds, Home IV infusions and durable medical equipment.

Family Rexall Drug 320-587-2509 320-587-9682 1-800-944-1795 FAX: 320-587-0283

237 Hassan Street/P.O. Box 695/Hutchinson, MN 55350

Services provided include sales and rental of home healthcare equipment and supplies, plus 24-hour emergency service. Additional services include delivery and pickup of large equipment - set-up included; insurance and Medicare paperwork completely handled by Family Drug; trained technician on staff to answer any questions. Area served is limited to a 40-mile radius of Hutchinson.

Goodwill Easter Seal Equipment Loan Program

553 Fairview

St. Paul, MN 55108

651-379-5922

1-800-669-6719 FAX: 651-379-5803

50 South 2nd Street

Waite Park, MN 56387

320-654-9012

This program provides good quality, used medical equipment, at no cost to persons recovering from surgery or injury, seniors coping with age-related disabilities, and others for whom assistive devices allow greater independence and well-being.

Donations of used durable medical equipment are being accepted at drop sites around the state. This equipment will be reconditioned, cleaned and lent out to persons with a temporary need for equipment.

Home Medical of West Central Minnesota 320-235-8434 1-800-637-7795 FAX: 320-235-6855

1033 19th Ave SW/Willmar, MN 56201

Home Medical offers complete delivery, set-up and instructions. They offer oxygen and respiratory equipment, wheelchairs, extended care equipment and bathroom aids, walking aids, home care equipment and supplies and IV therapy aids. Home Medical bills Medicare for you and offers sales or rentals.

*check your local pharmacy for rental equipment and specialized equipment.

DENTISTS WHO ROUTINELY ACCEPT MEDICAL ASSISTANCE

Smile Center

Deerwood: 800-477-7645/ Big Lake: 866-748-6684/ Savage 952-440-2292/ St. Paul 651-735-0595

Family and Cosmetic Gentle Dentistry, Hutchinson 320-234-6677

Rice Regional Dental Clinic /Willmar 320-214-2620

HOSPITALS

Hutchinson Community

320-234-5000

Meeker Memorial Hospital

320-693-3242

Paynesville Area Healthcare

320-243-3767

Rice Memorial (Willmar)

320-235-4543

CLINICS

Affiliated Community Medical Centers-Litchfield

320-693-3233

Eden Valley Med. Center (Paynesville Satellite)

320-453-2260

Dassel Medical Center (Hutchinson affiliate)

320-275-3358

Meeker Memorial Clinic (Dassel)

320-275-4330

Watkins Medical Center

320-764-2630

HOME CARE PROVIDERS

Skilled Nursing - nursing visits by registered nurses to provide assessment, direct care, treatments, dressing changes, education, etc.

Home Health Aide - assist with personal cares, baths, exercises and light housekeeping.

Homemakers – assist with cleaning, laundry, errands.

Personal Care Attendants - perform many of the duties of a home health aide, but they do not usually have the same educational background. They are usually employed with the same person for extended hours. Services are not paid by Medicare or private insurance.

*These programs can be for by Medicare, Medicaid, Private Insurance, or Privately. Contact you medical provider, Meeker County Public Health 693-5370 or Meeker County Social Services adult intake at 693-5300 for more information.

The following are agencies that provide services in Meeker County. Specific Services are listed for each provider if the information was available at time of printing.

Spectrum Community Health

412 SW 19th Ave Suite 102
Willmar, MN 56201
320-235-5684

Barnabus Health Services

223 Washington St
Brainerd, MN 56401
800-434-7225

Alliance Health Care

2204 117th St
Burnsville, MN 55337
1-800-548-0980

St. Cloud Branch

1320 32nd Ave N
St. Cloud, MN 56303
320-251-7111

Willmar Branch

1421 Lake Ave, Ste 409
Willmar, MN 56201
320-214-7001

Augustana Home Care

218 North Holcombe
Litchfield, MN 55355
320-693-7367

Connectcare (HHA only)

125 Main Street
Hutchinson, MN 55350
320-234-5031

Cokato Manor Home Health (HHA, homemaker, skilled nursing, OT, PT and speech therapy)

600 E 3rd St Apt 218
Cokato MN 55321
320-286-3049

Intrepid USA services in Northern Meeker

Private duty, HHA, skilled nursing, PCA, PT, OT
330 Hwy 10
St. Cloud, MN 56304
320-255-1882

Lake Region Home Care

Paynesville, MN
320-243-3034

Prairie River, Inc.

246 Main St S
Hutchinson, MN 55355
1-800-624-9024

Quality Quest Health Care

HHA, Skilled nursing
2295 66th Ave NE
Willmar, MN 56201
320-235-5440

CJ's Home Health Care, Inc.

114 Church Ave West
PO Box 111
Buffalo Lake MN 55314
320-833-6082 or 320-833-2253

Home Instead Senior Care

www.homeinstead.com
606 25th Ave S Suite 107
St Cloud MN 56301
320-258-3055

Homes Plus/Respite Care

Cosmos Health Care Center

130 N Neptune
Cosmos MN 56228
1-320-877-7227
FAX: 1-320-877-7226

Phyllis Saunders (Executive Director) cell 320-864-0654

They offer Respite care, Short-term care, Long-term care, & Hospice care. They also do Recreational programs and provide dietary needs, skin specialists, physical therapy, speech therapy, and occupational therapy and have weekly church services.

Adult Day Care

Hutchinson Adult Day Care

320-234-4630

Cosmos Healthcare Center

320-877-7227

HELPLINES/HOTLINES

American Cancer Society

1-800-227-2345

800-525-3777

American Cleft Palate Foundation

1-800-242-5338

American Diabetes Association

1-800-232-3472

American Heart Association

1-800-242-8721

American Liver Foundation

1-800-223-017

Amoytrophic Lateral Sclerosis (ALS) Association

1-800-782-4747

Alzheimer's Association

1-800-272-3900

American Council of the Blind

1-800-424-8666

American Foundation for the Blind

1-800-232-5463

American Kidney Fund Information

1-800-638-8299

American Lung Association

1-800-586-4872

American Parkinson's Disease Association

1-800-223-2732

Arthritis Foundation

1-800-283-7800

Asthma and Allergy Foundation of America

1-800-727-8462

Better Hearing Institute

1-800-327-9355

Bible Questions/Personal Concerns

Rev Paul 593-6324

Pastor Tim 275-2965

Cancer Information Service

1-800-422-6237

Cancer Information – MN Local

1-800-226-2376

Captioned Films for the Deaf

1-800-237-6213 Voice/TTY

Children's Craniofacial Association
1-800-535-3643

Children's Hospice International
1-800-242-4453

American Stroke Association
1-800-553-6321

Brain Injury Association of America
1-800-444-6443

Christopher Reeve Paralysis Foundation
1-800-225-0292

Consumer Products Safety Commission
1-800-638-2772

MN Chapter American Stroke Association
1-800-647-4123

Cornelia de Lange Syndrome Foundation
1-800-223-8355

Council of Citizens with Low Vision
1-800-733-2258

Crohn's and Colitis Foundation of America
1-800-343-3637 or 1-800-932-2423
www.cdfa.org

Cystic Fibrosis Foundation
1-800-344-4823

Endometriosis Association
1-800-992-3636

Epilepsy Foundation of America
1-800-332-1000

Equal Employment O Equal Employment Opportunity Commission
1-800-669-4000

Food Support Program Questions
1-800-657-3698

Hear Now – National Hearing Aid Bank
1-800-648-4327 Voice/TDD

Housing Discrimination
1-800-424-8590

Huntington's Disease Society
1-800-345-4372

Jobline – Blind and Sighted
1-800-414-5748

Job Accommodation Network
1-800-526-7234

Juvenile Diabetes Association
1-800-223-1138

International Hearing Society
1-800-521-5247

Library of Congress Handicapped Hotline
1-800-424-8567

La Leche League of MN (breastfeeding)
1-800-525-3243

Lung Line (Asthma & Respiratory Disorders)
1-800-222-5864

Lupus Foundation Information
1-800-558-0121

March of Dimes
1-888-MO-DIMES

MN Institute of Public Health
1-800-642-6408

The Men's Line
612-379-6367

Dedicated to preventing, reducing, and eliminating violent behaviors by men against others. Referrals, direction and information for making choices toward building peaceful and violence-free families and communities

Minnesota Father's Adoption Registry Hotline
MN Dept of Health
1-888-345-1726

Multiple Sclerosis 24-hour Information
1-800-344-4867

Myasthenia Gravis Foundation
1-800-541-5454

National Adoption Center for Special Needs and Physically Disabled Children
1-800-862-3678

National Aids Hotline
English – 1-800-342-2437
Spanish – 1-800-344-7432
Deaf - 1-800-243-7889

National Alliance for the Mentally Ill
1-800-950-6264

National Association for Hearing and Speech Action
1-800-638-8255

National Captioning Institute
1-800-533-9673 Voice/TDD

National Center for Youth with Disabilities
1-800-695-0285

National Center for Stuttering
1-800-221-2483

National Down Syndrome Congress
1-800-232-6372

National Down Syndrome Society
1-800-221-4602 (hotline)
202-460-9330 (main)

National Easter Seal Society
1-800-221-6827

National Gay Task Force/AIDS
202-393-5177

National Health Information Center
1-800-336-4797

National Hospice Organization
1-800-658-8898

National Children's Tumor Foundation
1-800-323-7938

National Information Center for Children and Youth with Disabilities
1-800-695-0285

National Organization of Rare Disorders
1-800-999-6673

National Rehabilitation Information Center
1-800-346-2742

National Reyes Syndrome Foundation
1-800-233-7393

National Dyslexia Association
1-800-222-3123

National Runaway Switchboard
1-800-621-4000

National Spasmodic Torticollis Association
1-800-487-8385

National CDC Sexually Transmitted Diseases & AIDS Hotline
1-800-227-8922

National Spinal Cord Injury Association
1-800-962-9629

National Tuberos Sclerosis Alliance
1-800-225-6872

PACER Center
1-800-537-2237
www.pacer.org

Parents Anonymous
909-621-6184

Recorded Books
1-800-638-1304

Recordings for the Blind & Dyslexic
1-800-221-4792
www.rfbd.org

Simon Foundation for Continence
1-800-237-4666

SIDS Alliance/First Candle
1-800-221-7437
www.sidsalliance.org

Spina Bifida Association of America
1-800-621-3141

Stuttering Foundation of America
1-800-992-9392
www.stutteringhelp.org

The Living Bank – Organ Donations
1-800-528-2971
www.livingbank.org

Tourette’s Syndrome Association
1-800-237-0717
www.tsa-usa.org

United Leukodystrophy Foundation
1-800-728-5483
www.uls.org

United Ostomy Association
1-800-826-0826
www.uoa.org

United Way Information and Referral Line Dial 211 from any phone.

HOUSING

Subsidized Housing - Meeker County

Meeker County HRA Family Housing 275-3542

Darwin Wagoner Apts. 320-693-8497

Dassel Dassel Apts. 275-3542

Grove City South Grove Square (Senior Independent Living, not subsidized) 857-2715
Sandy D.
Grove City Comm Homes 857-2703 Southside Apts. 320-857-2703

R.L. Properties 320-857-2703

Litchfield Emmaus Place/Bethany/Gloria Dei 320-693-2430 (assisted living and assisted +)

Wagoner Apts. 320-693-8497

Edgewood Townhomes 320-693-7822 Lincoln Apts. 320-693-2104

Park Village Mobile Home 320-693-3783

Watkins

Watkins Area Homes/St. Anthony Manor 320-764-5600

Housing/Rental

Heartland Community Action Agency:

Litchfield 693-7911
Willmar 235-0850 or 1-800-922-1710

Farmers Home Administration Litchfield Chamber of Commerce
Litchfield 693-2856 693-8184

Meeker County Economic Development Authority
Courthouse, Litchfield 320-693-4620 or 1-888-346-5270

LEGAL RIGHTS AND SERVICES

Central Mn Legal Services

320-235-138 800-622-7773

volunteer attorneys handle many types of civil cases, divorce mediation, financial consulting for individuals within income/asset limits.

County Attorney

Stephanie Beckman
Meeker County Courthouse
325 North Sibley Avenue
Litchfield, MN 55355
320-693-5220

Minnesota Disability Law Center

430 First Avenue North, Suite 300
Minneapolis, MN 55401-1780
1-800-292-4150 or 1-612-332-1441

Western Minnesota Legal Services

620 Litchfield Avenue S.W., Suite 101
Willmar, MN 56201
320-235-9600 1-888-360-3666

Services offered include legal assistance in civil cases, financial consultation. Persons eligible for services are those who are 60 years of age and over and also low-income person

Migrant Legal Service

St. Paul, MN
1-800-652-9733

Minnesota Attorney General's Office

651-296-3353 (Consumer Division)
1-800-657-3787
651-297-4613 (Charities Division)

Minnesota Better Business Bureau

2706 Gannon Road
Saint Paul, MN 55116 -2600
Phone: (651)699-1111
Fax: (651)699-7665
<http://www.mnd.bbb.org>
Email: ask@mnd.bbb.org

Home Line homelinemn.org

1-866-866-3546 or 612-728-5767
legal education and advocacy for tenants
with rental problems.

LIBRARIES

Cosmos Public Library
209 Milkyway Street South
Cosmos, MN 56228
320-877-7757

Story hour 1st Thurs of Mo (2nd if holiday). ABC read (baby's & toddlers)
3:00-3:30. Stories and More (all age children) 3:45-4:45

Dassel Public Library
460 Third Street North
Dassel, MN 55325
320-275-3756

Contact library for story hour times

Grove City Public Library
210 Atlantic Avenue West
Grove City, MN 56243
320-857-2550

Contact library for story hour times

Litchfield Public Library
216 N Marshall Ave.
Litchfield, MN 55355
320-693-2483

Story hours: Wed 10-11 under 3 oriented/ Th 7-8 pm & Fri 10-11 family oriented
Community room for free for rent for non-profits and 25-50 for profits
www.litch.com/library

MENTAL HEALTH PROVIDERS

Center for Senior Behavioral Health-Meeker Memorial Hospital 320-693-3242
Psychiatric hospitalization for ages 55+ with mental/behavioral health issues.

Crisis Intervention Center - Woodland Centers - Willmar

320-231-9158 (Crisis Line) 320-235-4613 (Main Switchboard) 1-800-992-1716
Immediate 24-hour call-in and walk-in crisis intervention counseling and referral services for individuals and families.
Currently includes mobile team to provide services to youth in acute crisis.

Crisis Connection 612-379-6363
24-hour crisis and general counseling line

Hutchinson Community Hospital 320-234-4610 Helpline Number – 587-5502 answered 24 hours/day
Inpatient and outpatient mental health services, psychiatry, daytreatment.

Litchfield Family and Psychological Services 320-693-7708
Dr. Lyle W. Wagner, Ph.D, L.P.

Lutheran Social Service
333 Litchfield Avenue S.W.
Willmar, MN 56201
320-235-5411

626 West Ripley Street
Litchfield, MN 55355
320-693-3337

Lutheran Social Service provides the following services: Individual, family and marriage counseling; psychological services; divorce groups; unwed parent services; workshops; seminars; retreats; presentations; intensive in-home treatment; therapeutic foster care; guardianship services; consumer credit counseling.

Meeker County Hospital 320-693-3242
Outreach Counseling Services available

St. Cloud Hospital 800-835-6652

Inpatient psychiatric Care, daytreatment, individual therapy. Do not offer psychiatric to Meeker co.

Woodland Centers 320-693-7221

114 N. Holcombe Avenue, Suite 230

Litchfield, MN 55355

All residents of Meeker County are eligible for services that include: Outpatient individual, and family therapy, psychiatric evaluations and medication management, evaluations of children, psychological evaluations for children and adults. ARMHS provider. Services are funded through private insurance, public funds, and a sliding fee schedule based on family income.

NUTRITION

Family Nutrition Program

114 N. Holcombe Avenue, Suite 260

Litchfield, MN 55355

320-693-5275

FAX: 320-693-5289

Services offered include: Nutrition education, meal planning, shopping, cooking and budgeting lessons for low-income individuals, groups, and families. Low-income individuals, preferably food stamp recipients, are eligible for the program.

Mothers and Children Program (MAC) and Nutrition Assistance Program for Seniors (NAPS)

Pickup at: Zion Lutheran Church

Client Must Call to Pre-Qualify: 1-800-365-0270 ext 154

To participate in MAC you must live in the State of Minnesota and your family's income must be within the guidelines set by MAC. MAC provides supplemental commodity foods on a monthly basis. You cannot qualify for MAC if you are currently enrolled in the WIC program. MAC is not considered when you apply for AFDC or Food Stamps.

Women, Infants, Children - WIC

Meeker County Public Health

114 N. Holcombe Avenue, Suite 250

Litchfield, MN 55355

320-693-5370

WIC clinic 320-693-5379 or 320-693-5391

WIC is a supplemental food program for women, infants, and children. The program operates in all 50 states. Guidelines for eligibility include:

- ◆ You must be a pregnant or breast feeding woman or have an infant or child less than five years old.
- ◆ You must live in an area served by a WIC program.
- ◆ Your family's income must be within the guidelines set by the WIC program.
- ◆ You or your child must have a health or nutritional need that the WIC foods can help overcome, such as: underweight, difficult pregnancy, anemia, inadequate diet, certain diseases or medical problems.

WIC food vouchers are issued regularly at a specified location. For more information, call the above number.

Senior Nutrition Sites (Senior Dining)

Civic Arena

900 North Gilman Avenue

Litchfield, MN 55355
320-693-2679 or 693-0194

The Senior Nutrition Program requires that you are 60 years of age or older to participate. The price of a meal is a suggested donation. Services offered include: nutrition reports, movies on nutrition, physical fitness programs and blood pressure checks. Transportation is available in the City of Litchfield by Meeker County Public Transit (1-800-513-7433 or 693-7794).

Cosmos Community Center
Main Street
Cosmos, MN 56228
320-877-7575

Dassel City Hall *
460 3rd St. N.
Dassel, MN 55325
320-275-3096

Eden Valley Civic Center*
171 Cossart Avenue
Eden Valley, MN 55329
320-453-8375

St. Anthony Manor*
131 Church Street
Watkins, MN
320-764-5600

*** These sites also provide Meals on Wheels.**

Gloria Dei Manor
218 N. Holcombe Avenue
Litchfield, MN 55355
320-693-2430 or 693-0194
Gloria Dei provides Meals on Wheels only.

Emergency Food Sources

Eden Valley Emergency Food Shelf
Contact: Pat Arnold 320-453- 2853 Adella Theis 320-453-6351
Eden Valley, MN 55329

Food Stamps
Meeker County Social Service
114 N. Holcombe Avenue, Suite 180
Litchfield, MN 55355
320-693-5300

Heartland Community Action Agency
409 19th Ave. SE
PO Box 1359
Willmar, MN 56201
1-800-992-1710

Meeker County Emergency Food Shelf
120 N Sibley Ave
Litchfield, MN 55355
320-693-7661

Salvation Army Community Services Center
521 S.W. 4th Street
Willmar, MN 56201
320-235-2033

Other nutrition related groups

Weight Watchers
Viking Room, Emmaus Place
218 N. Holcombe Avenue
Litchfield, MN 55355
1-800-651-6000

ORGANIZATIONS/COMMUNITY SERVICES/SUPPORT GROUPS

American Heart Association

West Central Region of the American Heart Association
Corporate Center Building, Suite 270
26 North Sixth Avenue
St. Cloud, MN 56303
320-255-9930

American Lung Association of Minnesota

www.lungusa.org
St. Paul, MN
651-227-8014

American Diabetes Association

763-593-5333 1-888-Diabetes
www.diabetes.org

Arthritis Foundation

Minnesota Chapter
651-644-4108
1-800-333-1380

International Diabetes Center

Willmar Office: Becker Ave SW
320-231-8740

Kidney Foundation of the Upper Midwest, Inc.

1660 Hwy 100 South, Suite 530
Minneapolis, MN 55416
952-544-7300

Love Without Boundaries support for loved ones if individuals whose lives have been touched by mental illness. Meets 1st Thurs of mo @ Litchfield library. lovewithoutboundaries@gmail.com

Meeker County Humane Society (LARP)

Jesse Finstrom
PO Box 116
Litchfield, MN 55324
320-275-3413

Litchfield Area Rural Partners in Prevention

meets in lower level of courthouse Conf rm A
1st Tues of month, contact Mike at Litch Christian Church

Mid-Minnesota Senior Agenda for Independent Living SAIL (SAIL)

Senior Companion Program
PO Box 398
Hutchinson, MN 55350
1-800-223-7292
Fax: 320-877-9086

Minnesota Multiple Sclerosis Society

612-335-7900
1-800-582-52

SUPPORT GROUPS HELD AT MEEKER MEMORIAL HOSPITAL

612 South Sibley Ave, Litchfield
Verify times dates by calling 693-4510, 693-3242 or by clicking on calander at meemermemorial.org

Arthritis & Fibromyalgia Support Group

Cancer Support Group

Cardiac Support Group

Diabetes Support Group

Gamblers Anonymous

Memory Loss Support Group

MS Support Group

Parkinson Support Group

Pregnancy & Infant Loss Support Group

Parkinson Support Group

Other Area Support Groups

Love Without Boundaries

Support group for the loved ones of individuals whose lives have been touched by mental illness. Meets first Thurs of month at the Litch Library. Lovewithoutboundaries09@gmail.com

Al-Anon/Alateen Litchfield-Zion Church Monday 7:30

Dassel-Village Hall Friday 7:30

Al-Anon and Alateen offer a self-help program for the families and friends of alcoholics (or other chemically dependent persons) whether or not these persons seek help. There are no dues or fees. Membership and attendance is voluntary and the group maintains a policy of anonymity.

For information on other sites call 1-888-4AL-ANON, 6:00-4:00 Monday through Friday or the Minneapolis office at 952-920-3961.

www.al-anon.org

Alcoholics Anonymous

Meetings in Meeker County

Litchfield Meetings: Zion Lutheran Church
Mondays at 7:30 p.m., Thursdays at 7:30 p.m.

Cosmos: City Hall, rear entrance Wed 7:30 pm

Dassel Meetings: Dassel City Hall
Wednesdays at 7:30 p.m., Fridays at 7:30 p.m.

Alzheimer's Support Group

1-800-232-0851

www.alzmdak.org

Support group sessions are held the Bennet Place, 1420 Minnesota Boulevard SE, St. Cloud, MN and the Whitney Senior Center, 1125 Northway Drive, St. Cloud, MN. Call the toll-free number or check the website for times.

ARC (Association for Retarded Citizens) Meeker County

Arlene Groskreutz 320-693-6967 or Bev Kahler 800-775-3196

ARC offers support to family and friends of the mentally and/or physically handicapped. Information is available on the prevention and causes of retardation. Advocacy for the rights of citizens who are mentally/physically handicapped is also available.

Bereavement Support Groups

Bereavement Coordinator

Hutchinson Area Health Care

Hutchinson, MN 55350

320-234-4738

Several support groups offer an opportunity to receive professional guidance and share with others in similar crisis situations as they learn to cope with a significant loss in their life. There are groups for adults, teens and children. Call for further information and meeting times.

Grief Support Group

218 North Holcombe Avenue
Litchfield, MN 55355
320-693-7367

This support group meets routinely at the hospice offices located at the above address. Printed materials, video tapes, and other resources are available.

Narcotics Anonymous (NA)

Meetings in Meeker County:

Dassel Dassel Town Hall, N. Third St., Sundays at 7:30 p.m.

Litchfield First Presbyterian Church, 225 N. Holcombe Ave., Sundays at 7:00 p.m.

Litchfield Christian Church basement, 312 N. Marshal Ave., Fridays at 7:30 p.m.

National Alliance for the Mentally Ill (NAMI) www.nami.org

Meets monthly and hosts various activities for those with mental illness.

Contact Marilyn A. for information 320-693-0468

Survivors of Suicide Support Group for Families and Friends

Lutheran Social Services, Willmar Counseling Service

333 Litchfield Avenue SW

Willmar, MN 56201

320-235-5411

*The **Meeker County Advertiser** also publishes weekly meeting times and locations for various support groups in the county.

Transportation

Care Cab

1-800-535-7190

Services include transportation for a fee. Stretchers and wheelchairs available – NON-emergency.

Clinic Cabtransport to/from medical apts/hospital discharge

1-800-962-3705

Medivan-transport to/from medical apts/hospital discharge

1-800-442-0976

Meeker County Council on Aging

320-693-2718

Volunteer drivers provide rides to persons age 60 and older to medical appointments, business appointments, etc. Appointments must be made at least one day in advance. Out of town rides can be arranged. Passengers are asked to give a donation.

Meeker County Public Transit

320-693-7794

1-800-513-7433

Transit services are available to all ages, including youth, seniors, and everyone in between in need of transportation. The bus has a wheelchair lift and is accessible for people with disabilities